



Course Description:

Corrections professionals can have a profound impact on recidivism rates, but only if they deliberately and strategically address criminogenic needs and help the people with whom they work build skills. Staff who receive training in evidence-based practices soon realize that they need a structured method to address risk factors in their one-on-one interactions. This training equips corrections professionals with an array of specific tools to address criminogenic needs and help people build skills in clear, specific, and structured ways.

The **Carey Guides** are 33 handbooks that help corrections professionals use EBP in their work: Blue Guides specifically address criminogenic needs and Red Guides address case management concerns. The Guides all follow a consistent format. Background information provides corrections professionals with important research findings and contextual information to support the application of evidence-based approaches. Each Guide also contains a number of “skill practice tools.” These tools are designed for use by people with justice system involvement to help them understand key criminogenic issues and build plans for successful behaviors in the future.

The **Brief Intervention Tools (BITS)** are short, structured interventions that corrections professionals use to help people build skills to address their criminogenic needs. There are six BITS: *Decision Making, Problem Solving, Overcoming Automatic Responses, Thinking Traps, Overcoming Thinking Traps, and Who I Spend Time With*

Objectives:

After completing this training, participants will be able to:

- explain basic risk reduction research that supports the use of the Carey Guides and BITS
- describe the purpose and content of the Carey Guides and BITS
- use Carey Guides and BITS to teach and practice skills
- explain how to make the most effective use of the Carey Guides and BITS.

December 7, 2020 9-11:30 am CST	Introduction to BITS
December 9, 2020 9-11:30am CST	Introduction to The Carey Guides
December 11, 2020 9-11:30am CST	Tips for Using the Guides and BITS